

Coastal Harvest Feast

A 4-day, 3-night adventure. The freshness of cuisine in a coastal community is yours to discover with fishing excursions, lessons with a chef, wine tastings and fabulous meals.

Day 1

Enjoy a real welcome to the beach with a cocktail mixer overlooking the beach, then dine on fresh grilled fish and other specialties.

Day 2 VIRGINIA BEACH

After a catered continental breakfast, climb to new heights learning about the lighthouses and stories along Cape Henry. Try new tastes and shopping experiences at the region's largest farmer's market. Meet the vendors and sample their specialties. Spend an afternoon on the farm, meet the grower, walk the fields, see and touch the freshest and finest. Then, enjoy an intimate dinner at a Virginia Beach favorite – Rockafellar's.

DAY 3 EASTERN SHORE

After breakfast head out for a tour of the Chesapeake Bay crossing one of the seven engineering wonders of the modern world, the Chesapeake Bay Bridge Tunnel. On Virginia's Eastern Shore, experience a hands-on tour of an aqua farm. Enjoy seafood specialties for lunch at one of the hottest new restaurants in Cape Charles. Take a stroll and enjoy dessert and coffee at a family restaurant. Then, spend a relaxing afternoon with a personal tour through Chatham Winery. Dinner will be a change from seafood with beer and barbecue on the bay.

Day 4 THE ROOTS OF VIRGINIA

After a catered continental breakfast, your group will visit Rowena's, famed for its cakes, curds and specialty sweets and savories. This Norfolk institution began in 1983, inspired by three fruit trees. Come see what has grown and how she has become known as "the cake lady" with 18 employees and multiple facilities.

Head out to nearby Smithfield for a food tour. Visit Darden's Country Store, one of the last traditional Virginia ham producers in the country. The Smithfield ham is beloved worldwide. Discover the authentic flavors of this charming town and the foods that put Virginia on the culinary map.

For additional dining delights, indulge in our Harvest Feast at a fully restored Virginia Beach Manor House. Or, visit during one of our many festival weekends.

Virginia Beach Convention & Visitors Bureau
Jim Coggin
2101 Parks Avenue

Suite 500

[Virginia Beach](#), VA 23451

Region [Hampton Roads](#)

Locality [Virginia Beach City](#)

Phone: (757) 255-8710

Phone: (757) 385-6642

Email info@foodtourcorp.com

Email jcoggin@VisitVirginiaBeach.com

Website coastalfoodtours.com

Website vbgrouptours.com
